



# Year-Round Packing List for Iceland

## Clothing

- ☐ **Base Layers:** long-sleeve, moisture-wicking tops (merino/synthetic), moisture-wicking bottoms, no cotton
- ☐ **Mid Layers:** fleece jackets or wool sweaters; packable down jacket/vest
- ☐ **Outer Layers:** high-quality waterproof/windproof shell jacket with hood, waterproof/windproof rain pants
- ☐ **Pants:** quick-drying pants
- ☐ **Socks:** wool or synthetic socks (various weights)
- ☐ **Underwear:** moisture-wicking underwear

## Footwear

- ☐ **Boots:** sturdy, waterproof boots with ankle support and traction
- ☐ **Camp/Town Shoes:** lightweight, comfortable shoes for after-hike
- ☐ **Flip flops:** for river crossings, geothermal pools

## Hand & Headwear

- ☐ **Hat:** warm beanie, sun hat/cap
- ☐ **Gloves:** water-resistant gloves
- ☐ **Neck Gaiter/Buff:** versatile buff/neck gaiter

## Hygiene & Personal Items

- ☐ **Quick-Dry Towel:** lightweight, small towel
- ☐ **Toiletries:** biodegradable soap, toothbrush, toothpaste, hand sanitizer, wet wipes
- ☐ **Sunscreen:** high SPF sunscreen
- ☐ **Lip Balm:** SPF lip protection
- ☐ **Insect Repellent:** for midge-prone areas

## Navigation & Safety

- ☐ **Maps:** offline maps on phone, physical maps, compass, GPS device
- ☐ **First Aid Kit:** comprehensive kit including blister care, pain relief, antiseptic, bandages, antihistamines, personal meds
- ☐ **PLB:** personal Locator Beacon for emergency communication in remote areas
- ☐ **Whistle:** for signaling
- ☐ **Repair Kit:** duct tape, gear patches, sewing kit for quick fixes

## Accessories

- ☐ **Daypack:** comfortable 20-30L daypack with rain cover
- ☐ **Water Bottle:** reusable water bottle (1L+) or hydration bladder
- ☐ **Sunglasses:** polarized sunglasses
- ☐ **Snacks:** high-energy, non-perishable snacks
- ☐ **Swimsuit:** for hot springs/geothermal pools
- ☐ **Dry Bags:** ziplock bags to protect electronics and documents

## Electronics

- ☐ **Camera Gear:** camera, extra batteries, memory cards, camera stand, camera leash
- ☐ **Power Bank:** high-capacity power bank for charging electronics
- ☐ **Headlamp/Flashlight:** with extra batteries

## Documents

- ☐ **Important Documents:** passport, IDs, travel insurance, emergency contacts
- ☐ **Cards & Currency:** payment methods, debit/credit cards, do keep local currency
- ☐ **Driving License:** if you want to rent a car
- ☐ **Travel Itinerary:** flight and accommodation details