



Year-Round Packing List for Iceland

Clothing

- Base Layers:** long-sleeve, moisture-wicking tops (merino/synthetic), moisture-wicking bottoms, no cotton
- Mid Layers:** fleece jackets or wool sweaters; packable down jacket/vest
- Outer Layers:** high-quality waterproof/windproof shell jacket with hood, waterproof/windproof rain pants
- Pants:** quick-drying pants
- Socks:** wool or synthetic socks (various weights)
- Underwear:** moisture-wicking underwear

Footwear

- Boots:** sturdy, waterproof boots with ankle support and traction
- Camp/Town Shoes:** lightweight, comfortable shoes for after-hike
- Flip flops:** for river crossings, geothermal pools

Hand & Headwear

- Hat:** warm beanie, sun hat/cap
- Gloves:** water-resistant gloves
- Neck Gaiter/Buff:** versatile buff/neck gaiter

Hygiene & Personal Items

- Quick-Dry Towel:** lightweight, small towel
- Toiletries:** biodegradable soap, toothbrush, toothpaste, hand sanitizer, wet wipes
- Sunscreen:** high SPF sunscreen
- Lip Balm:** SPF lip protection
- Insect Repellent:** for midge-prone areas

Navigation & Safety

- Maps:** offline maps on phone, physical maps, compass, GPS device
- First Aid Kit:** comprehensive kit including blister care, pain relief, antiseptic, bandages, antihistamines, personal meds
- PLB:** personal Locator Beacon for emergency communication in remote areas
- Whistle:** for signaling
- Repair Kit:** duct tape, gear patches, sewing kit for quick fixes

Accessories

- Daypack:** comfortable 20-30L daypack with rain cover
- Water Bottle:** reusable water bottle (1L+) or hydration bladder
- Sunglasses:** polarized sunglasses
- Snacks:** high-energy, non-perishable snacks
- Swimsuit:** for hot springs/geothermal pools
- Dry Bags:** ziplock bags to protect electronics and documents

Electronics

- Camera Gear:** camera, extra batteries, memory cards, camera stand, camera leash
- Power Bank:** high-capacity power bank for charging electronics
- Headlamp/Flashlight:** with extra batteries

Documents

- Important Documents:** passport, IDs, travel insurance, emergency contacts
- Cards & Currency:** payment methods, debit/credit cards, do keep local currency
- Driving License:** if you want to rent a car
- Travel Itinerary:** flight and accommodation details